Allergic Living

SARAH JESSICA
ON LIFE AS ALLERGY MOM

RENO STARS
Beautiful, breathable home makeovers

ROAD TRIP CHALLENGE
1 car, 4 kids + 10 allergies

NO DAIRY, NO GLUTEN
The best vegan burgers and ‘friendly’ salads

SUMMER 2016 $5.95

Jet Set
Gear up for safe travels with these specialty supplies.

Personal Space
Created by a professional costume designer in solid colors and kid-friendly patterns, new organic cotton and hemp Nice Seats fit snugly onto most planes, trains and long-distance bus seats. The stretchy, machine-washable cover helps to block any allergens that others may have left behind. $140 at www.nicesets.net.

Just in Case
Compartmentalize your in-flight concerns with the TAB Messenger bag by Walter + Ray. The savvy Seashark Organizer stores provisions outside the seat pocket to avoid reaching hands into outfits, has a padded tablet space, and includes two insert bags for essentials like an inhaler, epinephrine auto-injector and medical information. $60 at www.walterandray.com.

Monster Morsels
Sustain starving stomachs on long trips with new ProBurst Bites from Enjoy Life Foods. The spheres of protein-pumped chocolate are enrobed in seeds and spices, free-from top allergens, certified gluten free, and sold in four energizing flavors: Cinnamon Spice Chocolate, Mango Habanero, Cranberry Pomegranate and Cocoa & Roasted SunSeed Butter. $6.99/6 oz pouch; find where to buy at www.enjoylifefoods.com.

Double Time
Leaves pollen and other allergens at the door with the easily removable outdoor sets of Summer Slippers by Mahabis. The fashion-forward footwear keeps your feet comfy with soft, breathable mesh uppers that...

Goody to Go
Perfectly portioned into new stack-pack singles, Home Free Treats Mini Cookies are journey-ready. The crunchy, oat-based nibbles are now certified gluten-free, free-of-top allergens, and available in Chocolate Chip, Double Chocolate Chip, Lemon Burst, Vanilla and Chocolate Mint. $1.29/1 oz bar; see www.homefreecookies.com to purchase. -C.M. and A.J.